



R. I. PRESIDENT **Stephanie Urchick**

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WEEKLY BULLETIN OF ROTARY CLUB OF RAJKOT MIDTOWN •

CLUB 31287 •

R.I. DISTRICT 3060

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- /RotaryClubofRajkotMidtown

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Dr. Devangi Vaishnav

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Deepak Agrawal

Social Media Coordinator Vaishali Mehta



MEETING DETAILS

DATE : 29th November 2024

DAY : Friday

VENUE : D.P.M.C Lalitalay TIME : 8.30 pm onwards.

PROGRAM : Lets 'pick and click' ..Dr. Vimalbhai Hemani is going to be here, with the sought after skill of today's times.... TIPS AND TRICKS IN PHOTOGRAPHY WITH MOBILE PHONE CAMERA. Common lets

ZOOM to the meeting this Friday!!



BLOW CANDLES ON - Many many happy returns of the day!!



Atul Ganatra 30th November 99241 08741



Vijay Aghara 01st December 90999 09655



Saniav Maniar 02nd December 93282 87979



Ashish C Mehta 03rd December 98250 74585



ANNIVERSARY WISHES - Wishing wonderful years of togetherness and happiness!!

Bharti and Jagdish Sheth

28th November

Sonal and Sandeep Rajpara 01st December

Vidhi and Chintan Parekh

03rd December

Kunjal and Dr Piyush Unadkat 04th December

Hemali and Kushal Anadkat 28th November

Kajal and Vishal Ambasana

01st December

Pinal and Paras Ajmera

03rd December

Ankita and Nishant Chag 29th November

Rupal and Jay Changani 01st December

Tejal and Deepak S Mehta 01st December

Hemal and Rikhav Sanghvi

03rd December



120x120cm | 120x180cm | 120x240cm 120x280cm | 120x320cm | 80x240cm 80x300cm | 160x160cm | 160x320cm

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Dr. Nishant Rathod

Consultant Pediatric Neurologist DNB, FIPN (Jaslok, Mumbai), FICG (SGPGI)





CLUB NEWS

1. MEETING MEIN:

'Chal kahin दुर nikal jaaye! અમે દુર નીકળી અને "કોસ્ટા રિકા" ની નજીક પોચી ગયા-All because of Dr. Ketanbhai Thakkar's vivid description of Costa Rica. PÜRA VIDA for this Ketanbhai..We definitely crossed oceans and lands even though we were still seated at D.P.M.C on 22nd November 2024. Costa Rica is indeed bestowed with flora and fauna, that are so diverse and at the same time exotic. It is so much more than the what the eyes can capture. But your collection of pictures, definitely showed us priceless glimpses of this infinitely beautiful paradise. The sloppy sloths, the volatile volcanoes, the resplendent Quetzals, the breath taking beaches, the hasty humming birds and raging rattlesnakes...all of these excited and enthralled us! Costa Rica as a place with many unknown species is a "Touch me not" and the meeting was indeed a "Miss me not!!"









ROTARY MIDTOWN LIBRARY

'National Library Week Celebration' along with *Youth Enrichment Program* was conducted by Rotary Midtown Library by means of a "Book review competition" from 18th November to 22nd November 2024. The schools that participated in this valuable program were DWPS, G.T.Sheth School, Genius School, Saint Paul School and New Era School. The event was managed by the Chief Librarian at RML- Pritiben Parmar. The Project Chairman from Rotary Midtown was Mrs. Twinkleben Mehta, Twinkleben Mehta, Ritaben Chauhan and Vagbhi Pathak acted as judges for these events. Many of our members attended the competitions lke President Divyeshbhai Aghera, Youth Director Dr. Nishithbhai Sanghvi, Rajiv Rajan Sir, Dr. Ketanbhai Thakkar, Sheetalben Aghera, Ajaybhai Patel, Megha Thakkar, Rajan Popat, Avani Kamdar, Dr. Miloni A Lakhani and Shilpa Thakkar. Many accolades to the Rotary team and the School authorities for pulling off this event smoothly. Approximately 90 students participated in this competition with an audience of over 600 students and about 1500 inspired readers. The event was a resounding success and it was gratifying to see that events like these sow seeds of reading practices in children.











SERVICE PROJECTS

1. JOY OF GIVING:

On 19th November 2024, very useful Maggi/soup bowls and spoons were presented to children at Manjul school. The sponsors of this were Harsh and Bhavisha Vora.



J.J. TRADE VENTURES

- Real Estate Advisor
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- Designer Jewellery Studio

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2. MEGA HEALTH CAMP AT PUJIT RUPANI TRUST:

was held on 24th November 2024. Our Rotary Midtown doctors participated with full zeal and enthusiasm in the camp. About 350 patients were examined. Thanks to our Super RCRM Doctor team! Members who attended the event included Divyeshbhai Aghera, Sheetalben Aghera, Ashwinbhai Kamdar, Anilbhai Jasani, Shameena Mathur, Shaileshbhai Desai, Nileshbhai Changani, Rajanbhai Popat and Ritaben Chauhan. Applause for our own Dr. Vibhakarbhai Vachrajani for organising this Mega camp.













ROTARY INTERNATIONAL NEWS

Cycling for a cause: Rotary International fundraising through El Tour for polio eradication.

"The purpose of the Rotary Clubs back then was like LinkedIn before anyone knew what LinkedIn was, "CEO of Rotary International, John Hewko said. "Now you join a Rotary to network professionally but also do good." Doing good starts with their top priority, the eradication of polio. "There were 125 countries that had polio, 350,000 cases per year and we're now down to just two countries, Afghanistan and Pakistan," Hewko said. Over the years, Rotary has raised about \$2.7 billion. "Then about 15 years ago, the Rotarians in Tucson started using El Tour to raise money for polio," Hewko said. Raising \$70 million of the 2.7 billion, Rotary is the largest fundraiser El Tour de Tucson has.

Hewko, now cycling in his 12th year at El Tour, says what drives him during the 102-mile race is knowing how close they are to their goal.

"I know that through this ride and through the efforts of hundreds of other Rotarians, we're contributing to eradicating this terrible disease," Hewko said. "So, as I'm hitting mile 80 and 90, what goes through my mind is this is nothing compared to the pain that children with polio have to suffer." Hewko will hit the route on Saturday, Nov. 23, continuing Rotary's mission.







BIGGER PARTY LAWNS

1200+ PERSONS

62628 62627





ACHIEVERS AND ACCOLADES

1. Congratulations to Rtn Neetaben Motla for achieving her own best of 08:22 at the Adani Ahmedabad Marathon. The course time was 02: 19:11 and her pace was 06:36min/km.

Congratulations to Riteshbhai Madia, Vaishaliben Mehta, Ashwinbhai and Nihaliben Joshi for completing the marathon with flying colours.

2. Best wishes to Surilee Vanzara (daughter of Dr. Sankalpbhai Vanzara) as she displays her Art work for the first time on 15th December 2024 at Art Fiesta, Hotel Saraza.



FOOD FOR THOUGHT:

"ગોળ ધાણા અને એનું મહત્વ" - લિ. કલ્યાણીબેન વછરાજાની

આપણા સામાજિક પ્રસંગોમાં ગોળધાણા નો મહિમા આગવો અને વિશિષ્ટ છે.સામાન્ય રીતે મીઠું મોઢું કરાવીને શુભ પ્રસંગની શરૂઆત થાય છે. અને તેમાં ગોળ ધાણાને શુકન માનવામાં આવે છે.મંડપ મુહૂર્ત, વાસ્તુ, જનોઈ, સગાઈ સગપણ જેવા શુભ પ્રસંગો માં પ્રાથમિક કે પ્રારંભિક રીતે ગોળધાણા થી મીઠું મોઢું કરાવવાની પ્રથા છે. એટલે કે પહેલા મીઠાઈને બદલે ગોળધાણા લેવાની પ્રથા શરૂ થઈ હશે.

વળી ગોળ એ ગુણપતિને પ્રિય છે. એટલે આરંભેલુ કાર્ય નિર્વિદને પાર પડે તેવી ભાવના પણ ગોળધાણા પાછળ રહેલી છે.

ગોળ ધાણા બંને ઔષધિ ની રીતે પણ મહત્વ ધરાવે છે. ગોળ એ આયને આપે અને મીઠાશ આપે અને ધાણા ઠંડક આપે અને પિત્ત નું શમન કરે એટલે કે ગોળધાણા ના મિશ્રણ ની જેમ જીવનમાં મીઠાશ આવે અને જીવન સ્વાસ્થ્યપ્રદ રહે અને સંબંધ ગોળધાણાની જેમ મીઠો અને ફાયદાકારક રહે તેવી શુભ ભાવના રહેલી હશે. ગોળ અને ધાણા નું મિશ્રણ કરો એટલે તે એકબીજા સાથે ચોંટી જતા હોય છે. એટલે કે સંબંધને પાકો સમજવો, વાતને પાકી સમજવી એવી ભાવના પણ રહેલી હોય છે. આમ જીવનમાં અને સંબંધોમાં મીઠાશ દીર્ઘકાળ સુધી જળવાઈ રહે તેવો આશય ગોળ ધાણા પ્રથામાં રહેલો છે તેવું તારણ કાઢી શકાય.

"FOUNDATION OF FOREVER" - ENGAGEMENT DAY - Penned by - Dr. Bijal Thakkar

'Love is just a word until someone comes along and gives it meaning.'

When two souls find their chosen respective life partner, their love, they decide to commit to each other in marriage. They take a promise to get married, to stay together through thick 'and' thin, to support each other and to love unconditionally. This wonderful 'foundation of forever' with promises, takes place on the 'Engagement Ceremony'Day.

We have several Gujarati rituals and traditions differing with communities but overall we have the pious and meaningful 'Shrifal Vidhi' and 'Chundadi Chadavaanu' ceremonies .

In the 'Shrifal Vidhi', a coconut is given to the girl from the boy's side and vice versa to keep till the marriage day, the coconut being an auspicious fruit and sign. Some couples put on rings on each other, in India the custom is to put the ring on the fourth finger of the right hand. Thereby declaring that the couple is agreeing to get married to each other on a later date. The families too accept each other warmly.

In the 'Chundadi Ceremony', the girl is beautifully adorned with jewellery by her sister- in -law getting her to look like a bride thereby showing that the girl is being accepted as a bride of her brother. The mother-in-law and other daughters-in-law drape the girl with a saree on her head, bless her and pray that she continues the legacy of the family. The saree/Chundadi that is draped is usually green or red in colour, both being auspicious colours for the bride to be. Green colour as nature teaches us is a colour of life, growth and harmony making it a good colour for new beginnings. Red symbolises love, passion, confidence, vibrancy and fertility. Relatives and friends join the celebration and bless the couple as they embark their journey of togetherness. The Western countries celebrate the Engagement Ceremony where the girl and boy put on a ring on the partner's fourth finger of the left hand. Then they cut a cake together.

The period between engagement and marriage gives time to the couple to get to know each other better, to adjust with each other and to grow in love . Robert Browning has rightly said in his poem:

Grow old along with me!

The BEST IS YET TO BE,

The last of life

For which the first was made.

Our times are in His hand who saith, "A whole I planned, youth shows but half;

Trust God: See all, nor be afraid! "





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